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| Scripture to read | Insight or principle that can be applied from the physical battle to spiritual contests |  |  |
| Mosiah 10:10-17 | Just as the Lamanites hated the Nephites because of faulty assumptions that they had been taught, many of those who hate the Church and seek to attack my testimony do so not so much because they are evil as much as misguided. Knowing this will help me love and understand those who mock things that are sacred to me. It also gives me a secret for engaging them--identify and correct false things they have been taught about me. |  |  |
| Alma 43 | During my battles there will surely be times that I will be exhausted and in danger. I will be well-served if I can remember the consequences of victory and defeat. If I remember that I stay strong and committed for my society, my family, my liberty, and my love of God (Alma 43:9) I will endure better and longer. My efforts will impact more than just me and will ripple forward in my life to increasing freedom or bondage depending on how I fight. When I am tempted to quit, I will inspire myself by a better cause—even my home, family, liberty, and rites of worship (Alma 43:45). When I start to shrink, I will think on these things and stand against Satan with power (Alma 43:48–50). |  |  |
| Alma 44:1–5 | Moroni talks to the Lamanite people and tells them that there is not the desire to shed blood but the desire to have power. Moroni asks them to make a covenant of peace or be destroyed. |  |  |
| Alma 46:1–21 | The words of Helaman are not accepted and they band together to slay their brethren. Amalickiah had a desire to be king and had people who were following his words. The people just followed the natural man instead of holding to the Gospel. It is an easy thing to do today to forget about our Heavenly Father. |  |  |
| Alma 47:1–18 | Amalickiah made the Lamanites hate the Nephites once again. The Lamanites were scared thought to displease their king but to also lose their lives in battle. They chose to save their lives and were disobedient. The ones that followed were gathered and Amalickiah was able to trick the people to go against the king. |  |  |
| Alma 48:1–9 | The lamanites went against the Nephites as soon as Amalickiah became king. Moroni was prepared though and even though the Lamanites had more people the Nephites built forts and walls of stone. Moroni strengthened the people of Nephi to fight. |  |  |
| Alma 49:1–5 | The Nephites were prepared once again. The Lamanites thought Ammonihah would be an easy target because they had already destroyed it, but the Nephites prepared for battle there. The chief captains of the Lamanites was astonished because the Nephites were always one step ahead. |  |  |
| Alma 53:5, 9 | The nephites used their prisoners to protect them in Bountiful. Then because of this the situation was made dangerous for them. |  |  |
| Alma 57:8–12 | Moroni kept guards around all the time and even when the Lamanites tried to attack they were able to kill them. The Lamanites then began to lose hope and surrendered. |  |  |
| Alma 59:9 | Moroni sent people to Nephiah so they were prepared so that they had control because it was easier to protect then take over if the Lamanites had gained control. |  |  |
| Alma 62:41 | The battle was long and people were either hardened of heart or softened of heart and those that softened their hearts became humble before God. |  |  |

***Spiritual Parallels from Physical Battles***